

Breakfast Results

Thompson Public Schools, Thompson, CT



Thompson Middle School's Grab 'N' Go Breakfast Station



Thompson Public Schools **increased breakfast participation 165%** through a combination of serving models, adding new menu items, running promotions to encourage participation, and ensuring all students have access to breakfast after the morning bell.

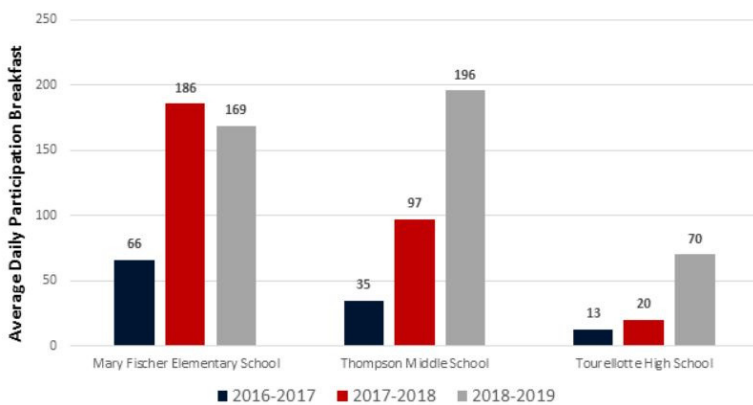
"Students are genuinely excited to come to breakfast now. We have added to our menus many new items prepared from scratch like smoothies, parfaits, breakfast sandwiches, and muffins."

– Lisa Durand, Food Service Director



Mary Fisher's Breakfast Participation Poster

Year Over Year Breakfast ADP Increases



All three schools in Thompson, CT increased breakfast participation and noticed a notable improvement in student moral in the morning.

During the 2018-2019 school year Thompson Public Schools began providing free breakfast to all students in the middle and high school. Building on a model established in the elementary school the year before, this change further reduced stigma associated with school breakfast resulting in a dramatic increase in participation.