

Celebrate Dairy All Year Long

Use the suggested posts below to share the resources in this toolkit on social media.

Make sure to tag us @NewEnglandDairy.



National Chocolate Milk Day

September 27, 2020

Raise a glass and toast to #ChocolateMilkDay. Whether white or flavored, each glass of milk packs the same 9 powerful nutrients. Learn how chocolate milk builds strong bodies from @NewEnglandDairy.

<https://bit.ly/3I5shEf>



World School Milk Day

September 30, 2020

Celebrate #WorldSchoolMilkDay whether in school or at home with downloadable resources from @NewEnglandDairy, like tips to Maximize Your Milk and add dairy to your favorite foods.

<https://bit.ly/3I5x0p9>



National Farmer's Day

October 12, 2020

We're sending a virtual high five to our New England dairy farmers for #NationalFarmersDay! @NewEnglandDairy explains how dairy farm families work hard 365 days a year to provide us with nutritious milk.

<https://bit.ly/2FDem7T>



National School Lunch Week

October 12-16, 2020

It's National School Lunch Week! We are proud to partner with @NewEnglandDairy and the dairy farm families of New England to ensure students have access to healthy foods they need to succeed all year round #NSLW20.

<https://bit.ly/31fjS9e>



National Cocoa Day

December 13, 2020

Raise a warm, cozy mug of hot cocoa for #NationalCocoaDay then check out this blog from @NewEnglandDairy for a healthy twist and to learn the difference between Hot Cocoa & Hot Chocolate!

<https://bit.ly/2Qb8JQr>



National Milk Day

January 11, 2021

Happy #NationalMilkDay! While most people buy their milk at the store, there are many dairy farms in our region that still deliver milk right to your door. Learn more from @NewEnglandDairy.

<https://bit.ly/30wxCMY>



National Cheese Lovers Day

January 20, 2021

There is always a reason to celebrate cheese. Especially on #NationalCheeseLoversDay! Whip up a cheesy recipe from @NewEnglandDairy and enjoy.

<https://bit.ly/2C45h6K>



National Hot Chocolate Day

January 31, 2021

Happy #NationalHotChocolateDay! Discover the best spots to find Hot Chocolate in your area from @NewEnglandDairy.

<https://bit.ly/3fxwixe>



National Pizza Day

February 9, 2021

It's #NationalPizzaDay, why not celebrate by making your own special pizza creation at home? Learn about all the different possibilities from @NewEnglandDairy.

<https://bit.ly/2Xy1wy8>



National Nutrition Month

March 2021

One 8 oz. serving of milk contains 9 essential nutrients. Learn more about dairy's health benefits from @NewEnglandDairy during #NationalNutritionMonth!

<https://bit.ly/3a94Kgn>



National School Breakfast Week

March 8-12, 2021

During #NationalSchoolBreakfastWeek, find out from @NewEnglandDairy why breakfast is so important for health, learning, and fueling for the day!

<https://bit.ly/3iozE7D>



National Grilled Cheese Sandwich Day

April 12, 2021

For #NationalGrilledCheeseSandwichDay, try this quick and easy recipe from @NewEngland Dairy for pizza grilled cheese with dipping sauce on the side.

<https://bit.ly/2XCSQWW>



American Cheese Month

May 2021

Say cheese and celebrate #AmericanCheeseMonth with @NewEnglandDairy. Cheese is a delicious snack or addition to any meal, but did you know it also helps your body? Learn how!

<https://bit.ly/3a3lg0p>



National Dairy Month

June 2021

June is #NationalDairyMonth! There are about 1,200 dairy farm families in New England. This video from @NewEnglandDairy shows how those families get milk from their farm to your fridge in 48 hours or less.

<https://bit.ly/311NMxy>



World Milk Day

June 1, 2021

Raise a glass to #WorldMilkDay! Milk provides a unique package of 9 essential nutrients like high-quality protein, calcium, vitamin D, and more. Learn more about the benefits of real milk from @NewEnglandDairy.

<https://bit.ly/2CxZMok>



National Ice Cream Month

July 2021

July is #NationalIceCreamMonth! You can make ice cream at home with just five simple ingredients and a resealable plastic bag. Learn how from @NewEnglandDairy.

<https://bit.ly/2CDaanl>



National Mac and Cheese Day

July 14, 2021

Today is #NationalMacAndCheeseDay! This recipe from @NewEnglandDairy is easy enough for the whole family to make together. Switch it up with different types of cheese or mix in veggies for a fun twist.

<https://bit.ly/2DR3suZ>