Celebrate Dairy All Year Long

Use the suggested posts below to share the resources in this toolkit on social media.

Make sure to tag us @NewEnglandDairy.

**National Chocolate Milk Day**
*September 27, 2020*
Raise a glass and toast to #ChocolateMilkDay. Whether white or flavored, each glass of milk packs the same 9 powerful nutrients. Learn how chocolate milk builds strong bodies from @NewEnglandDairy.

**World School Milk Day**
*September 30, 2020*
Celebrate #WorldSchoolMilkDay whether in school or at home with downloadable resources from @NewEnglandDairy, like tips to Maximize Your Milk and add dairy to your favorite foods.
https://bit.ly/3l5x0p9

**National Farmer’s Day**
*October 12, 2020*
We’re sending a virtual high five to our New England dairy farmers for #NationalFarmersDay! @NewEnglandDairy explains how dairy farm families work hard 365 days a year to provide us with nutritious milk.

**National School Lunch Week**
*October 12-16, 2020*
It's National School Lunch Week! We are proud to partner with @NewEnglandDairy and the dairy farm families of New England to ensure students have access to healthy foods they need to succeed all year round #NSLW20.

**National Cocoa Day**
*December 13, 2020*
Raise a warm, cozy mug of hot cocoa for #NationalCocoaDay then check out this blog from @NewEnglandDairy for a healthy twist and to learn the difference between Hot Cocoa & Hot Chocolate!
https://bit.ly/2Qb8JQr
National Milk Day
January 11, 2021
Happy #NationalMilkDay! While most people buy their milk at the store, there are many dairy farms in our region that still deliver milk right to your door. Learn more from @NewEnglandDairy.

National Cheese Lovers Day
January 20, 2021
There is always a reason to celebrate cheese. Especially on #NationalCheeseLoversDay! Whip up a cheesy recipe from @NewEnglandDairy and enjoy.

National Hot Chocolate Day
January 31, 2021
Happy #NationalHotChocolateDay! Discover the best spots to find Hot Chocolate in your area from @NewEnglandDairy.

National Pizza Day
February 9, 2021
It's #NationalPizzaDay, why not celebrate by making your own special pizza creation at home? Learn about all the different possibilities from @NewEnglandDairy.
https://bit.ly/2Xy1wy8

National Nutrition Month
March 2021
One 8 oz. serving of milk contains 9 essential nutrients. Learn more about dairy's health benefits from @NewEnglandDairy during #NationalNutritionMonth!

National School Breakfast Week
March 8-12, 2021
During #NationalSchoolBreakfastWeek, find out from @NewEnglandDairy why breakfast is so important for health, learning, and fueling for the day!
https://bit.ly/3iozE7D
National Grilled Cheese Sandwich Day
April 12, 2021
For #NationalGrilledCheeseSandwichDay, try this quick and easy recipe from @NewEnglandDairy for pizza grilled cheese with dipping sauce on the side.

American Cheese Month
May 2021
Say cheese and celebrate #AmericanCheeseMonth with @NewEnglandDairy. Cheese is a delicious snack or addition to any meal, but did you know it also helps your body? Learn how!
https://bit.ly/3a3Ig0p

National Dairy Month
June 2021
June is #NationalDairyMonth! There are about 1,200 dairy farm families in New England. This video from @NewEnglandDairy shows how those families get milk from their farm to your fridge in 48 hours or less.

World Milk Day
June 1, 2021
Raise a glass to #WorldMilkDay! Milk provides a unique package of 9 essential nutrients like high-quality protein, calcium, vitamin D, and more. Learn more about the benefits of real milk from @NewEnglandDairy.
https://bit.ly/2CxZM0k

National Ice Cream Month
July 2021
July is #NationalIceCreamMonth! You can make ice cream at home with just five simple ingredients and a resealable plastic bag. Learn how from @NewEnglandDairy.

National Mac and Cheese Day
July 14, 2021
Today is #NationalMacAndCheeseDay! This recipe from @NewEnglandDairy is easy enough for the whole family to make together. Switch it up with different types of cheese or mix in veggies for a fun twist.