The milk, yogurt, cheese, butter, ice cream, and other dairy products you enjoy start with cows on Rhode Island family farms. Boost your dairy farming knowledge with these fun facts!

**DAIRY HELPS KEEP YOU HEALTHY!**

Each 8-oz. glass of milk includes **9 ESSENTIAL NUTRIENTS** your body needs.

**COWS PROVIDE!**

Each dairy cow produces **128 GLASSES OF MILK A DAY!** (That's 46,720 glasses a year!)

Milk goes from farm to fridge in **48 HOURS.**

**RHODE ISLAND DAIRY FARMING BY THE NUMBERS**

- Number of dairy farms: **8**
- Number of dairy cows: **800**
- Acres of greenspace preserved: **500**

**DAIRIES GO HIGH TECH**

Some farms use technology like robots and **TRANSponders** to help care for their cows.

Visit www.newenglanddairy.com to learn more about dairy farms in Rhode Island.

**WHAT'S YOUR RHODE ISLAND MOO I.Q.?**